What is claimed is:

 A method of transmitting and receiving an electronic mail comprising:

generating an encoded electronic mail to which an "open date and hour" is added in a transmitting side communication terminal; and

decoding and opening said encoded electronic mail in a receiving side communication terminal after current date and hour reach said "open date and hour".

2. The method of transmitting and receiving the electronic mail according to claim 1, further comprising:

preventing said encoded electronic mail from

5 being decoded in said receiving side communication

terminal receiving said encoded electronic mail, until

said current date and hour reach said "open date and

hour"; and

requiring said receiving side communication

10 terminal to set said current date and hour when said receiving side communication terminal does not have said current date and hour.

3. The method of transmitting and receiving the electronic mail according to claim 2, further comprising:

when said current date and hour is changed to

- 5 another current date and hour, changing said "open date and hour" based on said current date and hour and said another current date and hour.
 - 4. The method of transmitting and receiving the electronic mail according to claim 3, wherein a relation between said current date and hour and said "open date and hour" prior to the change is equivalent to a relation between said other current date and hour and said "open date and hour" after the change.
 - 5. The method of transmitting and receiving the electronic mail according to claim 3, further comprising:
 - requiring said receiving side communication

 terminal to open said encoded electronic mail when

 said current date and hour reach said "open date and hour".
 - 6. The method of transmitting and receiving the electronic mail according to claim 3, further comprising:

further adding a mail deletion key code to said encoded electronic mail;

recording said received encoded electronic mail together with said mail deletion key code; and

deleting said encoded electronic mail having

same mail deletion key code.

7. The method of transmitting and receiving the electronic mail according to claim 2, further comprising:

requiring said receiving side communication

5 terminal to open said encoded electronic mail when
said current date and hour reach said "open date and
hour".

8. The method of transmitting and receiving the electronic mail according to claim 2, further comprising:

further adding a mail deletion key code to said encoded electronic mail;

recording said received encoded electronic mail together with said mail deletion key code; and

deleting said encoded electronic mail having same mail deletion key code.

9. The method of transmitting and receiving the electronic mail according to claim 1, further comprising:

when said current date and hour is changed to
another current date and hour, changing said "open
date and hour" based on said current date and hour and
said another current date and hour.

- 10. The method of transmitting and receiving the electronic mail according to claim 9, wherein a relation between said current date and hour and said "open date and hour" prior to the change is equivalent to a relation between said other current date and hour and said "open date and hour" after the change.
 - 11. The method of transmitting and receiving the electronic mail according to claim 9, further comprising:

requiring said receiving side communication

terminal to open said encoded electronic mail when
said current date and hour reach said "open date and hour".

12. The method of transmitting and receiving the electronic mail according to claim 9, further comprising:

further adding a mail deletion key code to said 5 encoded electronic mail;

recording said received encoded electronic mail together with said mail deletion key code; and

deleting said encoded electronic mail having same mail deletion key code.

13. The method of transmitting and receiving the electronic mail according to claim 1, further

comprising:

requiring said receiving side communication

5 terminal to open said encoded electronic mail when said current date and hour reach said "open date and hour".

14. The method of transmitting and receiving the electronic mail according to claim 1, further comprising:

further adding a mail deletion key code to said encoded electronic mail;

recording said received encoded electronic mail together with said mail deletion key code; and

deleting said encoded electronic mail having same mail deletion key code.

- 15. A terminal apparatus comprising:
- a receiver which receives an encoded electronic mail to which an "open date and hour" is added; and

a controller which decodes and opens said

- 5 encoded electronic mail received by said receiver, after current date and hour reach said "open date and hour".
 - 16. The terminal apparatus according to claim 15, wherein said controller set said current date and hour, and changes said "open date and hour" when said

current date and hour is changed to another current date and hour, and wherein

a relation between said current date and hour and said "open date and hour" prior to the change is equivalent to a relation between said other current date and hour and said "open date and hour" after the change.